

# NEWSLETTER



CAROLINESPRINGS  
TENNIS CLUB



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### Club gears up for Aussie cup fever



BY LIAM TWOMEY

EXCITEMENT levels are building for members of the Caroline Springs Tennis Club as they prepare to host two special guests of Australian Tennis.

The Australian Open men's and women's singles trophies – which were lifted by Novak Djokovic and Kim Clijsters earlier this year – will be on display at the club's open day.

For many of the club's juniors this may be their first introduction to the biggest prizes in Australian tennis but perhaps not their last.

A number of players in the club currently boast Australian rankings and that number is set to expand as the club looks to grow in the near future.

"This committee has only been together since April and has put an emphasis on how to grow the club and show how to get the community involved with tennis," club president Dennis Young said.

"The council has said they will build some new courts, currently we only have four courts but they are looking to build another 10 or 11. So we are trying to raise a bit of money towards those."

The club has targeted a number of new opportunities it would like to implement once the new courts are up and running.

"Eventually when we get new courts we would like to set up some programs, which work with some underprivileged kids and get the facilities for disabled tennis so we can benefit the community."

While off-court expansion is high on the list of priorities, on-court development of all players regardless of age or experience is still paramount at Caroline Springs.

Young said a new coach had been appointed to cater for all levels of tennis.

"We wanted someone who could take juniors or first time hitters through to any level. To have someone who could look after new players right through to elite players."

The open day will take place on

11 December with all members of the community welcome. They will be able to enjoy a serve speed reading radar gun, opportunities to participate in tennis games and activities, free showbags, sausage sizzle and face-painting.

Caroline Springs residents can enjoy an action packed day at the Caroline Springs Tennis Club open day. Front to back: Darcy, Antonio, Stefan, Hayden, Jesse and Alberto. 74198



Picture: DAMJAN JANEVSKI

### Tennis with showbags

BUDDING tennis stars had the chance to experience what it's like to be a grand slam champion when the Australian Open trophy tour rolled into Caroline Springs.

Caroline Springs Tennis Club was the only Melbourne club selected by Tennis Australia to host the open's men's and women's trophy challenge.

The Norman Brookes Challenge Cup, awarded to the men's singles champion, has been won by tennis greats like Andre Agassi, Rafael Nadal and Australia's Rod Laver.

The Daphne Akhurst Memorial Cup is awarded to the winner of the women's singles competitions and has been won by the likes of Kim Clijsters and Margaret Court.

To celebrate the visit last Sunday-week, the Caroline Springs club held a community open day featuring showbags, a sausage sizzle and social tennis.

President Dennis Young said it was a buzz to host such important trophies. "We had our junior players there to take photos with the trophies and everyone who took part in the event left with a smile on their face."

— Anthony Loricario



Up close: Roni with the Australian Open women's trophy.

Picture: Art Hutton



## Open Day & Trophy Tour







Thank You to the following businesses and people for making the trophy tour and open day a huge success:

*Lani Moraleja;  
Luper Noah;  
Rajan & Sangita Sawant;  
Janet Moffat;  
Jon Reader;  
Austin Bartolo;  
Shire of Melton;  
Bunnings—Caroline Springs;  
Hocking Stuart—Caroline Springs;  
Coles—Caroline Springs;  
Happy Bean Coffee (Lance);  
Paradise Meats—Burnside;  
Kylie Webster—Tennis Victoria;  
Chris Saliba—Tennis Victoria;  
Glenn Mulcahy—Shire of Melton;  
Chris Lunn—Shire of Melton*

## From the President

By Dennis Young

Welcome to the Summer 2011-12 edition of our Newsletter.

It has been a very eventful period for our club over the last couple of months. This included the exciting announcement of CSTC being the winners of a Tennis Victoria competition to host the Australian Open Trophy Tour. With this came a lot of hard work by a lot of people.

The trophies arrived right on schedule at 2pm on Sunday 11<sup>th</sup> December.

The day was a huge success with around 400 people getting up close and personal with the trophies. Attendees included officials (Mayor Justin Mammeralla and Councillor Gary Stock), Tennis Australia and Tennis Victoria representatives, Council representatives, Club members, Coaching staff and the general community. As you can see on several of our newsletter pages it was a great opportunity to see and touch these unique trophies.

The weather fortunately held off for the entire day which allowed for plenty of on court activities.

Congratulations to our raffle winners on the day:

1st prize: Nicky Mead  
2nd prize: Sasha Ivanovic  
3rd prize: Stephanie Humay  
4th prize: Aditya Sawant  
5th prize: Tony Camera

We received fantastic feedback from all concerned and it highlighted the great community of Caroline Springs as a home for sporting enthusiasts. It also brought to the fore the need for more courts, to which Mayor Mammeralla said during his speech that he would work with the club to make this happen – obviously we are very keen to progress this.

The club has now put aside \$5000 towards the new facilities – alt-

hough this is minor in the scheme of a million dollar plus facility it does show that the club and the community want to contribute and make the courts a reality. We have a goal of reaching \$10,000.

Our crop of talented juniors is continually growing – with 9 juniors now holding Australian Rankings.

Congratulations must also go to three of our juniors who received top 10 awards in Melton Councils Lydia Lassila Youth Sports Scholarship – well done to Cassandra Moraleja, Hayden Young & Daniel Paveska.

Just a reminder that if you would like to use the courts and do not have a key to access them, you can use the loan key which is located at the 'Lucky 7' milk bar during opening hours – a \$20 deposit is to be left with your membership card. Upon completion of playing the key needs to be returned for the next person to use and you will receive your membership card and the \$20 deposit. The loan key can be accessed between the business hours of the lucky 7 milk bar and needs to be returned prior to them closing for the day.

Please make sure you lock the courts upon leaving and should there be someone else on court please ask them if they have a key. If they do not they will need to leave at the same time.

Also a reminder that all members must adhere to the court rules – including no alcohol on court. I need to highlight too that membership cards are for the use of the named person only. Any breaching of court rules will see action taken.

Can you all please pick up your rubbish (in particular the metal ball container lids – which are dangerous) - and put it in the bins

outside the court.

When the present committee started its journey in April 2011 there were 95 members and coaching numbers were stagnate. It was at this point we realised things had to change. We changed the coach, improved our membership procedures, updated our logo, took control of the finances and administration, created greater relationships with local council and Tennis Victoria, applied for every grant possible and were lucky enough to have the Australian Open trophies visit our club. With all these changes, liveliness has returned to the club, with now in excess of 200 members, 200 people in coaching programs at the club, and a further 120 in after schools programs being run at local schools - the club has certainly turned the corner and is seen as a model club by Tennis Victoria.

On the 3<sup>rd</sup> April at 7.30pm we will be holding our AGM at the clubrooms. The club can only function thanks to the hard work of the committee. The present committee has improved the club hugely over the last 10 months or so, however there is still more to do and we seek further assistance. If you feel you can help then please seek nomination to the committee – every little bit helps.

Thank you to the Lucky 7 Milk Bar and Bendigo Bank in Caroline Springs for continuing to support our club

We are also now selling advertising space in our newsletter, so if you, or someone you know, would like to be a part of upcoming issues, please let me know.

Cheers, Dennis

[president@carolinespringstc.com.au](mailto:president@carolinespringstc.com.au)

## COACHES CORNER

by Chris Singh

### Mind over Matter

Every tennis player has their good and bad days. They all want to play at their best every day, but what happens when you're not performing at your best? What do you do if you're having a really off day?

One of Australia's greatest players and coaches, Tony Roche, once said to me that sometimes you don't have to play your greatest tennis everyday to win, you just need to make sure you are better than the person on the other side. This is very significant to any player, especially aspiring juniors.

So what exactly did Tony mean by that comment? Tony emphasised that too many players lose their matches in the mind. Your mind tells your body what to do and if you can't think properly out there, it's going to be a very tough day in the office. You need to go out with an attitude that you are going to play more with your head, and not always just with your racket.

Know what your weapons are, but work on adding variety into your game so that if your "A-Game" isn't working, you can resort to other tactics to win your match instead of just getting frustrated and throwing in the towel. This is something that should be worked on as soon as possible so that it can lay the foundations for winning matches without performing at your best. And more importantly, be disciplined with your training.

*"You cannot always control what goes on outside. But you can always control what goes on inside."* - Wayne Dyer



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contact Chris 0403 308 506

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### Junior Competition

by Jennie Young

The summer season is coming to a close. We have just completed Round 11. We have 3 more weeks of normal competition, and then we move into the finals. The first week of finals will commence on 17 March, with Grand Finals scheduled for the 24<sup>th</sup> of March. We have several sections that are in a good position to make finals, they are: Sections 1, 3, 4, and 8, with Sections 9 and 16 sitting just outside the top 4.

The WRTA have sent out the details for the 2012 Winter season. The season will commence on 28/29 April and go through to 8/9 September. Applications have already been taken for the Winter season, however there may be space for emergencies. If you, or someone you know, is interested in playing junior competition then please make contact.

Any enquiries regarding Junior Competition should be directed to Jennie Young at [junior\\_coordinator@carolinespringstc.com.au](mailto:junior_coordinator@carolinespringstc.com.au) , or via mobile 0425 198 890.

### Senior Competition

by Frank Filippone

2011 was the year of “almost” with both our senior teams in the finals but neither able to come back to the club with a flag. As they say “the more you try, the more chance you have to succeed”, so with that in mind this season we have registered 6 teams! J

4 x Men's (A Grade, B Special 4, B Grade 2, B Reserve 2)

1 x Mixed (C Grade 2)

1 x Ladies team (B Reserve 2)

A big welcome to all the new senior players and to our first Mixed and Ladies teams! We hope you love playing at our club and help us furnish our flag wall!

This season of comp goes through to May 31<sup>st</sup>, so if you're interested in playing next season email me now and I'll keep you on file for next season if we have capacity.

Regards

Frank

[Senior\\_coordinator@carolinespringstc.com.au](mailto:Senior_coordinator@carolinespringstc.com.au)

## Player Profile

### **Jovan Prica—age 13:**

#### ***At what age did you start playing Tennis?***

I began to play tennis at the age of 8.

#### ***Which Tennis player would you consider to be your idol?***

I would consider both Novak Djokovic and Juan Martin Del Potro, to be my idols in tennis.

#### ***What is your favourite food?***

My favourite food is chocolate.

#### ***What is your favourite book?***

My favourite book would be City of Bones by Clarissa Clare.

#### ***What kind of music do you like?***

I like music of the techno genre.

#### ***How many times per week do you have coaching?***

I have coaching three times a week.

#### ***If you were to liken your style of game to someone's, who's would that be and why?***

My style of game is similar to that of Juan Martin Del Potro. His game contains a big serve, big forehand and a consistent backhand.

#### ***What would be a typical meal for you the night before a match?***

The night before a match I would probably have pasta, because it's rich in carbohydrates.

#### ***If you could choose 1 memorable match you have played, which would that be and why?***

My most memorable match that I have played was when I entered in the Hudson Bond tournament in 2010. I defeated the 5<sup>th</sup> seed player, winning the match 1-6 7-5 6-1. I saved 2 match points during the second set, being a huge achievement in my sporting and psychological endeavours as a tennis player.

#### ***Who are your inspirations? - sporting or other, famous or non-famous.***

My inspirations are my parents and sister, who support me in my sporting and education.

#### ***How do you prepare for a big match?***

To prepare for a big match, I train hard in the time frame before hand and seek advice from my coach.







**CAROLINE SPRINGS TENNIS CLUB**

*proudly presents*

# **ANNUAL GALA & SOCIAL NIGHT 2012**

**INCORPORATING PRESENTATIONS FOR  
CLUB CHAMPIONSHIPS**

**Friday 23rd March  
6:30 - 11:30pm**

**WestWaters Hotel & Entertainment Complex  
10-20 Lake St, Caroline Springs**

## **NIGHT INCLUDES:**

**3 course meal, house beer, wine and soft drinks  
music      raffles      door prizes      dancing  
presentation for club championships  
wrap up of the year that was and more**

## **Ticket Prices**

**\$50 per adult**

**Youth \$35 12-18 years (adult meal/no alcohol)**

**\$20 per child 12 years and under**

**For ticket sales: contact Sonia on 0425 756 778**

*Come celebrate with us  
and get to know the tennis community in Caroline Springs*

## Australian Rankings

### Australian Rankings of some of our junior members.

The “o/all” is their Australian Ranking – based on all players of all ages throughout Australia who have rankings.

The “For Year of Birth” is their ranking relative to other players of their age throughout Australia and Victoria.

	end January 2012		
	o/all	for Year of Birth	
		AUS	VIC
Cassandra Moraleja	751	66	12
Michica Tofinga	1268	127	29
Jovan Prica	1624	79	19
Hayden Young	3093	41	10
Mohammed Abd El-Migid	3191	330	75
Liam Franks	3303	280	61
Christian De Jesus	3564	408	115
Nicholas Kirkby	3666	405	109
Daniel Paveska	3776	23	5

## Upcoming Events

**2nd March**—Close of entries—Club Championships

**17th March**—Junior Competition Semi-finals

**17th / 18th March**—Club Championships

**23rd March**—Gala Evening & Trophy presentations

**24th March**—Junior Competition Grand Finals

**3rd April**—Caroline Springs Tennis Club Annual General Meeting

**28th April**—Junior Winter Season begins

**May 22nd**—Senior Competition Finals begin



# CAROLINE SPRINGS TENNIS CLUB INC.

## CLUB CHAMPIONSHIPS ENTRY FORM

17/18 MARCH 2012

Event No	BOYS/MENS EVENTS	Fee	Event No	GIRLS/WOMENS EVENTS	Fee
1	OPEN Singles	\$15	13	OPEN Singles	\$15
2	OPEN Doubles	\$10 ea	14	OPEN Doubles	\$10 ea
3	30 & Over Singles	\$15	15	30 & Over Singles	\$15
4	30 & Over Doubles	\$10 ea	16	30 & Over Doubles	\$10 ea
5	18 & Under Singles	\$12	17	18 & Under Singles	\$12
6	18 & Under Doubles	\$6 ea	18	18 & Under Doubles	\$6 ea
7	14 & Under Singles	\$12	19	14 & Under Singles	\$12
8	14 & Under Doubles	\$6 ea	20	14 & Under Doubles	\$6 ea
9	12 & Under Singles	\$12	21	12 & Under Singles	\$12
10	12 & Under Doubles	\$6 ea	22	12 & Under Doubles	\$6 ea
11	10 & Under Singles**	\$12	23	10 & Under Singles**	\$12
12	10 & Under Doubles	\$6 ea	24	10 & Under Doubles	\$6 ea

\*\*Round Robin

Event Type	Event No.	Entry Fee
Singles		
Singles		
Doubles		
TOTAL		

Entrants may enter 2 singles and 1 doubles  
Required age as of March 18, 2012  
Please note that CSTC reserves the right to cancel, combine or alter events if required.

**ENTRIES CLOSE: FRIDAY 2nd MARCH 2012**

Name

Address

E-mail

Phone

D.O.B.

Gender

F / M

Doubles Partner:

Name

Phone

D.O.B.

Gender

F / M

- Fees must accompany entry
- Please make cheques payable to "Caroline Springs Tennis Club Inc."
- All entrants must be paid up members of CSTC.

Schedule will be determined prior to the event and all players notified.

Please contact committee members if you have any queries regarding membership. It is a condition of entry that all members accept the rules and decisions of the CSTC Executive Committee, including representing the club in a manner consistent with the spirit of the game. All members must have their cards with them at all times whilst playing on the courts

All matches will be self umpired.

Committee Members will act as officials for the day and may watch on court if necessary.

Trophies will not be presented on the day – The Club will be holding a Gala event on Friday 23 March at the Westwaters Hotel, where presentations will take place.



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